



In an effort to strengthen the partnership between parents and school, the Parent Academy will be hosting a series of workshops for our school community. A wide variety of academic, social and emotional topics will be presented throughout the year.

## **Practical Strategies for Strengthening Emergent Reading Skills**

**Target Audience: Parents of Grade 1**

8:40 AM November 16, 2022 Washington School  
(Coffee at 8:30 a.m.)

This workshop will provide parents with a toolkit of resources and strategies to help their child with decoding, understanding phonics patterns and rules, and sight word recognition and application.

## **Navigating Adolescence**

**Target Audience: Parents Middle School and High School**

7:15 PM December 1, 2022 Union School  
(Following 6:30 PM PTA meeting)

This workshop will help parents to learn communication strategies to reinforce appropriate communication of thoughts and feelings, tips to help your teen navigate friendships and social media and learn strategies to support teens that are emotionally struggling.

## **Developing Resilience and Independence in K-3 Children**

**Target Audience: Parents of Elementary, Grades K-3**

8:50 AM December 7, 2022 Washington School  
(Coffee at 8:30 a.m.)

This workshop will help parents to better understand the competencies of Social-Emotional Learning and will look to answer the question(s), "Are we preparing our children for the road?", or, "Are we preparing the road for our children?"

## **Cool, Calm and Collected-Organization and Focus to Help Keep Students on Task.**

**Target Audience: Parents of Pierrepont and Union School**

7:30 PM December 7, 2022 Pierrepont School  
(Following the 7:00 PM PTA meeting)

This workshop will help parents gain an understanding of the adolescent brain & its effect on students' focus. Parents will learn about different organizational and study skills to help your child become more self-reliant.