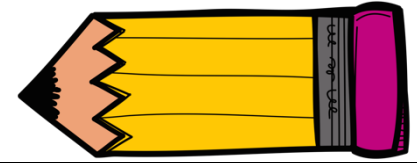
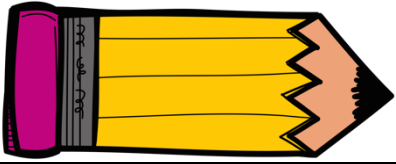


JULY 2023

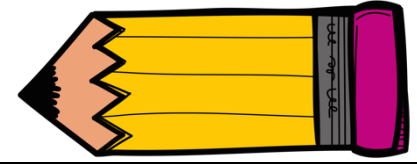


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Practice remembering your first and last name.	4 Happy 4 th of July!	5 Practice gripping your pencil/crayon properly.	6 Use alternating feet when walking down the stairs.	7 Practice putting on and zipping your jacket.	8
9	10 Practice story-telling by including a beginning, middle and an end.	11 Practice cleaning your own personal space.	12 Practice singing the alphabet song while you wash your hands.	13 Practice being able to take turns and work as part of a team.	14 Play a game with a friend and practice taking turns.	15
16	17 Practice using and taking care of toilet needs independently.	18 Pick up 10 pebbles with your thumb and index finger.	19 Practice carrying and taking care of personal items.	20 Practice throwing and catching a ball.	21 Practice listening skills by independently completing an activity with clear directions.	22
23	24 Practice recognizing and naming numbers 1-10. (Even when they are out of order.)	25 Practice turning pages of a book without an adult's help.	26 Practice using a glue stick.	27 Practice using scissors the safe way. (Like an ice cream cone- blade toward the floor.)	28 Glue small pasta to a piece of paper.	29





AUGUST 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31 Practice being punctual. (When called to dinner, student should respond promptly.)	1 Practice looking at a calendar. How many days are there in a week?	2 Practice opening and closing your backpack.	3 Practice alternating feet when going up and down the steps.	4 Practice recognizing and naming basic shapes: square, circle, triangle, and rectangle.	5
6	7 Practice writing your first name with the first letter capitalized and the rest lowercase.	8 Practice noticing weather patterns.	9 Practice using a sentence to tell the color of each item you see.	10 Practice using your words to share what you want or need.	11 Practice buttoning a shirt, jacket, or pants.	12
13	14 Practice opening the packaging of a straw and the container.	15 Practice identifying primary colors.	16 Practice reading a book with an adult. (Find the cover, hold it correctly, turn the pages, find the text.)	17 How many months are there in a year? Practice and count with an adult by looking at a calendar.	18 Practice opening and closing your water bottle and any other containers you may bring to school.	19
20	21 Practice knowing the difference between telling a story and asking a question.	22 Practice using a tissue to wipe and blow your nose.	23 Practice making eye contact when speaking with someone.	24 Practice making conversation. Take turns asking and answering questions.	25 Practice closing the door when using the restroom.	26
27	28 Practice getting ready by yourself-dress yourself and put on your shoes!	29 Practice coughing into your elbow.	30 Brainstorm some healthy snack and lunch ideas for the school year.	31 Visit the Rutherford Public Library or the bookstore. Find a book to read with an adult!	<p>It's September! The Kindergarten Center staff is excited to meet you! 😊</p>	

