

Birthday Celebrations at The Kindergarten Center

At The Kindergarten Center, we recognize that children enjoy celebrating their birthdays with their classmates. However, sending in a food treat to the classroom to celebrate can exclude those children who have food allergies, diabetes, celiac disease, or other dietary restrictions. In order to be in accordance with the Federal Guidelines and BOE policy, we have adopted **food free** guidelines for these celebrations.

Below are some suggestions for alternatives to food treats for your child's celebration at school. **Always check with your child's teacher first** to see what he/she finds acceptable for their classroom and be sure to provide advance notice to ensure a birthday celebration fits into their schedule.

1. Party Favors: pencils, erasers, stickers, notepads, matchbox cars, bubbles, etc. Please limit this to one item.
2. Visit the classroom and read a book to the class. This book can also be donated to the class library with a special birthday note inside the cover!
3. Bring in an item that all children can sign as a treat for the birthday student (shirt, tote bag, autograph book, etc.)

Please note that it is not the food that makes the birthday special, but the way a child is treated and celebrated on their "big day."