

MESSAGE

FROM NURSE ERICA

24 HOUR RULE

Keep sick children home until **24 hours fever-, vomit-, and diarrhea-free** without the use of medication.

DOCTOR VISITS

Send doctor's notes to the nurse if they were seen by a medical professional for an illness.

HAVE A PLAN

Someone needs to be available to pick up a sick child within **30 minutes of the call from the school . Please have a plan if you do not work locally or travel.**

HOME

Promote healthy habits- covering when coughing, blowing noses effectively, washing hands regularly and for 30 seconds; Checking your child for lice and reporting it to the nurse promptly.



CONTACT INFORMATION

Nurse Erica:
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(201)-438-7675, 7278

REPORT ABSENCES

Kcenterattendance
@rutherfordschools.org
201-438-7675, 7999

Please do not contact Mrs. Caughey directly to report general absences.