

**Dear K-Center Families,**

Welcome to Kindergarten! I am very excited to be your child's Physical Education teacher at the Kindergarten Center. My name is Jarek Krebs and this is my second year in this role. In May 2024, I graduated from Montclair State University with a degree in physical education/health. It has been wonderful meeting the kindergarten students during the first few weeks of school. This year your child will develop many new and useful skills. I look forward to working with them.

Physical Education will include a variety of activities and will be held inside and outside, weather permitting.

- **Active Games:** Provide students opportunities to generalize skills previously taught in isolation.
- **Movement Activities:** Provide students opportunities to explore the different ways to move their bodies such as running, jumping, hopping, and dancing.

**Expectations:**

- **Dress to participate:** Please send your child to school on their scheduled PE day in athletic wear and sneakers. The P.E. schedule is listed below. Jewelry of any kind is not permitted. Students who do not dress accordingly will not be allowed to participate.
- **Safety First:** Safety is an important part of the PE curriculum and our school. Students are expected to use all equipment in the appropriate manner and follow directions.

**Communication:** If you have any questions or concerns about your child's participation in class, please feel free to reach out to me. You can contact me through my email,

[jkrebs@rutherfordschools.org](mailto:jkrebs@rutherfordschools.org).

I can't wait to have a fun and active year!

Sincerely,  
Jarek Krebs  
PE Teacher  
Kindergarten Center

<b>Bomzer</b>	Monday and Thursday
<b>Cole</b>	Monday and Thursday
<b>Witalis</b>	Monday and Thursday
<b>Soto</b>	Monday and Friday
<b>Kratzer</b>	Monday and Thursday
<b>Ruglio</b>	Tuesday and Friday
<b>Parkinson</b>	Wednesday and Friday
<b>Sayre</b>	Thursday and Friday



Dear Parents and Guardians,

I hope this letter finds you and your family well. My name is Philip J. Mateo, or Mr. Mateo, and I am thrilled to introduce myself as the Kindergarten music teacher at the Kindergarten Center. As we prepare to embark on this exciting school year, I wanted to take a moment to share a little about myself and what your child can look forward to in our music class.

Music has always been a passion of mine, and I am delighted to bring that enthusiasm into the classroom. I am committed to creating a fun, engaging, and nurturing environment where your child can explore the world of music through singing, movement, and playing instruments.

In our music class, we will focus on developing basic musical skills such as rhythm, melody, and pitch. We will also work on building listening skills and fostering a love for music through interactive activities and creative play. My goal is to help each child feel confident in expressing themselves through music and to build a foundation that will enrich their overall learning experience.

I believe that music is a powerful tool for fostering social skills, emotional expression, and cognitive development. I am excited to collaborate with you and your child to make this year a memorable and joyous experience.

Please feel free to reach out to me with any questions or concerns you may have. I am looking forward to meeting each of you and working together to support your child's growth and development.

Thank you for your support, and here's to a fantastic year of music and learning!

Warm regards,

Philip J. Mateo  
Kindergarten Music Teacher  
Kindergarten Center