

September 2023

Dear Parents/Guardians,

I hope everyone had a great first week of school! My name is Michael Foster and I will be your student's physical education teacher. I am very excited to have the opportunity to make physical education an active and fun learning experience for all of our new students.

In physical education students will work to build a base for an active and fitness conscious lifestyle, which will ultimately get them ready for physical education at the higher grade levels and beyond. With safety being the number one priority, please make sure your child is prepared for physical activity. This includes wearing clothing that will allow for easy movement, stretching and other forms of physical activity. **It is very important that students wear sneakers on their gym days!!! Students should also not be wearing earrings on these days. Please see the PE schedule below to see what day your child will need their sneakers and PE appropriate clothing.**

Thank you,

Michael Foster

**Physical Education Schedule by Class**

<b>Teacher and Session</b>	<b>Meeting Days</b>
Coccoz	Thursday and Friday
Ketcho	Tuesday and Wednesday
Kratzer	Tuesday and Wednesday
Parkinson	Monday and Wednesday
Rim	Monday and Wednesday
Ruglio	Monday and Thursday
Sayre	Tuesday and Thursday
Witalls	Tuesday and Thursday